

SWEET BABY CARROTS

Serves 4

INGREDIENTS:

1 x 450g baby carrots

½ cup butter

½ cup brown sugar

3 tbsp honey

DIRECTIONS

Place the carrots in a large pot and cover with salted water. Bring to the boil over a high heat and cook until the carrots are tender, about 15 minutes. Remove from the stove and drain in a strainer.

Return the pot to the stove, add the butter and reduce the heat to medium-low. When the butter has melted, stir in the brown sugar and honey.

Add the carrots and stir until evenly coated. Cook for a further 5 minutes before serving.